What are Microbes?

- Microbes (Microorganisms) are tiny living things not seen without a microscope.
- Types include: bacteria, fungi, viruses, protozoa, and algae.
- Microbes are found everywhere: soil, water, air, and even inside our bodies.
- Some microbes help us (useful), while others cause harm (harmful).

Useful Microbes

1. In Food

- Lactobacillus: Converts milk into curd (yogurt).
- Yeast: Used in baking (makes bread, cake rise) and to ferment idli/dosa batter.
- Fungi (Penicillium): Used to make cheese and antibiotics.

2. In Agriculture

- Rhizobium: Lives in root nodules of leguminous plants (like peas, beans), fixes nitrogen in soil, increases soil fertility.
- Azotobacter: Free-living bacteria in soil, also fix nitrogen.

3. In Medicine

- Penicillium: Source of first antibiotic, penicillin, used to kill harmful bacteria.
- Streptomyces, Actinomycetes: Also used to make antibiotics.

4. In Industry

- Yeast and Bacteria: Used for making alcohol and vinegar by fermentation.
- **Alcanivorax**: Bacteria used to clean oil spills in water.
- **Trichoderma**: Used in biocontrol to protect plants from diseases.

5. In Cleaning the Environment

- Decompose waste and recycle nutrients in ecosystems.
- Some bacteria help treat sewage water.

Harmful Microbes

1. Cause Diseases

Bacteria

- Salmonella typhi: Causes typhoid.
- Vibrio cholerae: Causes cholera.
- Clostridium: Causes food poisoning, tetanus.
- Viruses
- Influenza virus: Causes flu.
- HIV: Causes AIDS.
- Polio virus: Causes polio.
- Fungi
- Ringworm: Skin infection.
- Protozoa
- Plasmodium: Causes malaria.

2. Spoil Food

- Fungi and bacteria spoil pickles, jam, bread, etc.
- Fungi make food poisonous by producing **mycotoxins**.

3. Other Harms

- Some bacteria cause decay and rot in plants, fruits, and vegetables.
- Fungi and bacteria can damage clothes, leather, and paper.

Key Terms

- Antibiotic: Medicine that kills or stops growth of bacteria (e.g., penicillin).
- **Mycotoxin**: Poison produced by some fungi in spoiled food.
- **Pathogen**: Any microbe that causes disease.

Short Q&A Hints

- Example of Useful Microbes in Food: Lactobacillus, Yeast.
- **Example of Harmful Microbes:** Salmonella (typhoid), Plasmodium (malaria).
- Why is Rhizobium useful? Fixes nitrogen, helps plants grow.
- What is fermentation? It is the conversion of sugar to alcohol or acid by microbes such as bacteria or yeast.
- **How are antibiotics produced?** Some bacteria and fungi naturally make antibiotics, which are collected and processed as medicines.