**CLASS: IV 1. PLANTS THAT HEAL [ G. K]**

**Since ancient times people have used plants to heal themselves. Today, using plants to treat disease is widespread in most cultures. Most of these healing herbs can be grown in our garden.**

**WRITE THE NAMES OF THE PLANTS WITH THE HELP OF THE CLUES.**

1. **Leaves used to treat skin diseases. = NEEM**
2. **Promotes digestion, good for treating allergies and cold. = MINT**
3. **Good for hair and complexion.= BHRINGRAJ**
4. **Leaves give relief cold, cough and fever.= BASIL**
5. **Bark used in treatment of malaria . = CINCHONA**
6. **Oil made from leaves used to treat colds. EUCALYPTUS**
7. **Helps to reduce vomiting sensation and is used to reduce the pain.= GINGER**
8. **Builds immunity, improves digestion and benefits heart, skin, eyes and brain. =GOOSEBERRY**
9. **Gel of leaves used for treating burns, wounds and for soft and smooth hair.= ALOE VERA**
10. **Antibacterial, antifungal and antiviral, helps prevent cold , cough,BP and heart diseases.= GARLIC**
11. **Powder used as antisepetic, blood purifier and also used to heal ulcers.=TURMERIC**
12. **Good remedy for poor memory and concentration.=BRAHMI**
13. **A valuable herb that aids digestion, fights colds, gives relief from cramps, and even kills bacteria.= SAGE**

**Brahmi Eucalyptus Cinchona Sage Turmeric Bhringraj**

**Gooseberry Ginger Garlic Neem Aloe Vera Basil Mint**