

**CLASS: IV**

**1. PLANTS THAT HEAL**

**[ G. K ]**

Since ancient times people have used plants to heal themselves. Today, using plants to treat disease is widespread in most cultures. Most of these healing herbs can be grown in our garden.

**WRITE THE NAMES OF THE PLANTS WITH THE HELP OF THE CLUES.**

1. Leaves used to treat skin diseases. = NEEM
2. Promotes digestion, good for treating allergies and cold. = MINT
3. Good for hair and complexion.= BHRINGRAJ
4. Leaves give relief cold, cough and fever.= BASIL
5. Bark used in treatment of malaria . = CINCHONA
6. Oil made from leaves used to treat colds. EUCALYPTUS
7. Helps to reduce vomiting sensation and is used to reduce the pain.= GINGER
8. Builds immunity, improves digestion and benefits heart, skin, eyes and brain.  
=GOOSEBERRY
9. Gel of leaves used for treating burns, wounds and for soft and smooth hair.=  
ALOE VERA
10. Antibacterial, antifungal and antiviral, helps prevent cold , cough,BP and  
heart diseases.= GARLIC
- 11.Powder used as antiseptic, blood purifier and also used to heal  
ulcers.=TURMERIC
- 12.Good remedy for poor memory and concentration.=BRAHMI
13. A valuable herb that aids digestion, fights colds, gives relief from cramps, and  
even kills bacteria.= SAGE

Brahmi Eucalyptus Cinchona Sage Turmeric Bhringraj

Gooseberry Ginger Garlic Neem Aloe Vera Basil Mint