

How Do You Brush Your Teeth?

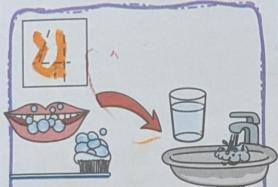


Learning Resource-9

Trace the numbers to know the steps of brushing the teeth correctly.



Put water from the tap on your toothbrush.



Spit the toothpaste into the sink. Rinse your mouth and toothbrush with water.



Brush your teeth:

- top teeth
- · bottom teeth
- front teeth
- inside teeth



Put a small dot of toothpaste on your toothbrush.



Put away your toothbrush and smile!

Dear Educator!

- ✓ Trace the numbers to know the steps of brushing teeth correctly.
- ✓ Discuss why it is important to brush our teeth.
- ✓ Ask me: What will happen if we don't brush our teeth every day?
- Tell me to circle the first step using a green crayon. Also, ask me to circle the last step using a blue crayon.

