

Shri. A. V.Dhammanagi Vision Foundation®

KALPAVRUKSHA

MODEL SCHOOL



pratibimba

MY CLASSROOM NEWS

Nursery
(July)

Theme: My Family, Friends and Emotions



A Note from our Teacher



Mrs. Sumati S. Joshi

Life Skill Land – A magical place to learn everyday skills

I read the book “The Absorbent Mind” by Maria Montessori and felt like sharing a few things with you about life skills.

Life skills for kindergarten are simple, age – appropriate skills that help young children become more independent, responsible and confident in everyday situations. These skills are essential for their overall development and prepare them for future learning and real – life situations.

Examples of Life Skills for Kindergarten Children :

1. **Personal Hygiene** – Washing hands properly, Brushing teeth, Using a tissue or handkerchief etc...
2. **Self – Care** – Dressing themselves, Packing their bags, Tidying up after activities etc...
3. **Communication Skills** – Using polite words – please, sorry, thank you, Asking for help, Expressing feelings etc....
4. **Social Skills** – Sharing and taking turns, Playing in a group, Following classroom rules etc...
5. **Problem Solving** – Recognizing safe and unsafe objects or places, knowing what to do in case they get lost etc....
6. **Time Management** – Understanding daily routines (wake up, eat, school, nap etc...), Being on time for activities etc...
7. **Fine Motor Skills** - Buttoning, zipping and tying shoes, Using scissors and pencils properly etc...

Why Life Skills are Useful for Kindergarteners :

Helps children take care of themselves and complete small tasks without depending on adults. Children feel proud and confident when they can do things on their own. Sharing, waiting for their turns and using kind words help them build friendship. Life skills activities help kids how to face small challenges and make simple decisions.

“Let’s join hands to help the child be independent.”

A Glance at Learning for the Month : July

LANGUAGE AND LITERACY: We learnt /T/t/, /I/i/, /P/p/, /N/n/ sounds and words related to these sounds. **Activities :** We heard story related to the sound, recited Jolly Phonic rhymes. We enjoyed the activities like mystery box, play dough, colouring the letter, solving worksheet, sorting sounds, sponge painting, tracing etc..



NUMERACY: We explored with Pre-Number Skills - " same - different, long - short". We can count, quantify the numbers '1 and 2'. We can identify the objects that are in the shape of '**square and triangle**', and also recognises things in '**red**'. **Activities :** Activities with Geometrical Cabinet, number rod, counting beads, sorting the shapes and solving worksheet.



A Glance at Learning for the Month : July

GENERAL AWARENESS: We learnt the concepts like 'My Family, My Home, Friends and Community Helpers'.

Activities : Solving worksheet, Discussion in the Circle Time and Puppet Show etc...



CREATIVE EXPRESSION: We coloured the butterfly. We enjoyed finger printing, palm printing, making paper ball etc..

STORIES WE HEARD: Maisy Goes to Cinema, Tiger, Maisy Bath Time, Lion etc...



A Glance at Learning for the Month : July

MUSIC AND MOVEMENT: We enjoyed reciting rhymes like : Hickory Dickory Duck, Two Little Dickey Bird, Umbrella, Mom Loves to Sing etc...

Life Skill Activity: Walking on the line, Wearing Raincoat

STEM Activity : Water Bubble Play



MY SPECIAL DAYS FOR THE MONTH: We participated in 'Tummy Treat Day', 'Blue Day', 'Show and Tell' , 'Gurupoornima' and 'Sense Booth Day'.



MARK YOUR CALENDAR: 7th Aug – Rakshabandhan and Tummy Treat Day, 13th Aug – Krishana Janmastami, 14th Aug – Independence Day Celebration, 22nd Aug – Field Trip – Community Helpers

There is a fabulous photo gallery of mine.





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