Shri. A. V. Dhammanagi Vision Foundation ®

# KALPAVRUKSHA MODEL SCHOOL







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MY CLASSROOM NEWS

*икд* (July)

Theme: My Family, Friends and Emotions



#### A Note from our Teacher



Mrs. Sumati S. Joshi

# Life Skill Land - A magical place to learn everyday skills

I read the book "The Absorbent Mind" by Maria Montessori and felt like sharing a few thing with you about life skills.

Life skills for kindergarten are simple, age – appropriate skills that help young children become more independent, responsible and confident in everyday situations. These skills are essential for their overall development and prepare them for future learning and real – life situations.

#### **Examples of Life Skills for Kindergarten Children:**

- Personal Hygiene Washing hands properly, Brushing teeth, Using a tissue or handkerchief etc...
- **2. Self Care –** Dressing themselves, Packing their bags, Tidying up after activities etc...
- Communication Skills Using polite words please, sorry, thank you, Asking for help, Expressing feelings etc....
- **4. Social Skills –** Sharing and taking turns, Playing in a group, Following classroom rules etc...
- Problem Solving Recognizing safe and unsafe objects or places, knowing what to do in case they get lost etc....
- **6. Time Management –** Understanding daily routines (wake up, eat, school, nap etc...), Being on time for activities etc...
- **7. Fine Motor Skills -** Buttoning, zipping and tying shoes, Using scissors and pencils properly etc...

#### Why Life Skills are Useful for Kindergarteners:

Helps children take care of themselves and complete small tasks without depending on adults. Children feel proud and confidence when they can do things on their own. Sharing, waiting for their turns and using kind words help them build friendship. Life skills activities help kids how to face small challenges and make simple decisions.

"Let's join hands to help the child be independent."

LANGUAGE AND LITERACY: We learnt /Z/z/,/W/w/, /V/v/,/Y/y/, /X/x/, /Q/q/' sounds and words with these sounds. We also learnt many sight words, short /a/ and /e/ words, diagraph /ai/ and articles a and an. Activities: We enjoyed 'Monster Activity', 'Web Activity', 'Word Wheel Activity' and solving worksheet etc...







Kannada: ನಾವು ಅಕ್ಷರಗಳಾದ – ದ. ಅ. ಜ. ವ. ಮ ಮತ್ತು ಅದರಿಂದುಂಟಾಗುವ ಪದಗಳನ್ನು ಓದಲು ಮತ್ತು ಬರೆಯಲು ಕಲಿತ್ತಿದ್ದೇವೆ. ಇದರ ಜೊತೆಗೆ ಅಂಕಿ -೧, ೨ ಅಕ್ಷರದ ಪದಗಳನ್ನು ಕಲಿತ್ತಿದ್ದೇವೆ. ನಾವು ಕೆಂಪು ಮತ್ತು ಹಳದಿ ಬಣ್ಣದ ವಸ್ತುಗಳನ್ನು ಗುರುತಿಸುತ್ತೇವೆ.



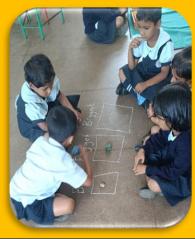






NUMERACY: We can count, quantify the numbers from 10 to 35. We learnt the concepts like - thick - thin, big - bigger, biggest, before, after, between numbers, backward numbers, big - small numbers, number names - 'five to ten" and shapes - square, rectangle, star, heart. Activities: Counting and arranging beads, place value activity and solving worksheet etc...







GENERAL AWARENESS: We learnt the concepts like 'Healthy and unhealthy food, Family and its members, My Friends, Community Helpers, My House and My School. Activities: solving worksheet, discussion in the circle time and watching video etc...









MUSIC AND MOVEMENT: We enjoyed reciting rhymes like: Old McDonald Had A Farm, Itsy Bitsy Monkey, I Am A Little Chicken, Dog Says... etc...

STORIES WE HEARD: Greedy Dog, An Ant and The Dove, The Monkey and The Crocodile, The Fox and The Crow etc...

CREATIVE EXPRESSION: We enjoyed with Origami, Drawing Face and Colour it.

STEM Activity: Volcano Eruption

LIFE SKILL Activity: Picking Up Litter, Sorting Wet and Dry Clothes









MY SPECIAL DAYS FOR THE MONTH: We participated in 'Tummy Treat Day', 'Blue Day', 'Show and Tell', 'Gurupoornima' and 'Sense Booth Day'.















MARK YOUR CALENDAR: 7<sup>th</sup> Aug – Rakshabandhan and Tummy Treat Day, 13<sup>th</sup> Aug – Krishana Janmastami, 14<sup>th</sup> Aug – Independence Day Celebration, 22<sup>nd</sup> Aug – Field Trip – Community Helpers









