

*Blooming Buds School*

AFFILIATED TO CISCE, NEW DELHI-KA66 (ICSE SYLLABUS)

Worksheet-1

Class IX

Subject: Physical Education

## I. Define the following

- i. Fast Break    ii. Jump-ball    iii. Violations    iv Charged timeout/ Timeout
- v. Ball return to the back court/ Rebounding    vi. Team foul Indicator/ Team Fouls
- vii. Disqualifying fouls/ Personal Foul

## II. Answer the following questions

1. Write the full form of FIBA,NBA and BFI
2. List any four technical equipments used in Basketball game
3. When the game is stopped but not reset
4. Explain the History of Basketball