

History Notes: Lesson No. 7 Sports and History

Q. 1. (A) Complete the sentences choosing the correct option.

1. The ancient event of Olympic competitions used to be held at _____

- (a) Olympia Greece (b) Rome (c) China (d) India

Ans: (a) Olympia Greece

2. The wooden dolls made in Maharashtra are known as _____

- (a) Thaki (b) Kalichandika (c) Gangavati (d) Champavati

Ans: (a) Thaki

(B) Identify the wrong pair in the following and write it down.

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|----------------|---|
| (1) Mallakhamb | - outdoor games based on physical skills. |
| (2) Water polo | - Water sport |
| (3) Skating | - Adventurous ice sport |
| (4) Chess | - outdoor game. |

Ans: Chess – outdoor game.

2. Write Notes on :

(1) Toys and Festivals

- 1, Toys and festivals are inter related since ancient times.
2. Through toys we can get a glimpse of religious and cultural traditions.
3. As a part of Diwali celebration in Maharashtra, model forts are made displaying images of Chhatrapati Shivaji Maharaj, his soldiers and animals which are toys.
4. This tradition keeps the memory alive of the important role of forts in the history of Maharashtra.

(2) Sports and movies:

1. In recent times biographical movies are made on sports and sport person.
2. Movies like Lagan and Dangal are related to cricket and wrestling.
3. Biographical movies are made on Mary Kom and the Phogat sisters.
4. The process of making a movie requires deep study of the particular period of the story, language, dressing style, social life etc.

3. Explain the following statements with reasons:

(1) Currently the structure of sports economy has been significantly affected.

1. The field of sports in the 20th-21st century was influenced by the process of globalisation.
2. The international matches of various sports like cricket, football, lawn tennis can be watched on television in any corners of the world.
3. Citizens of the non-participant countries can also enjoy these matches.
4. Sports fan all over the world have significantly affected the entire structure of sports economy.

5. Industrial and commercial companies look at it as a good opportunity for advertisement.
6. Retired sportsman gets an opportunity as commentator.

Hence, the structure of sports economy has been significantly affected.

(2) Toys can tell us about cultural history:

1. Toys give us an idea about the cultural and religious development of that period.
2. Clay models of forts and the images of the Chhatrapati Shivaji Maharaj placed on forts gives us an idea about the structures and cultures of that time.
3. An ivory doll found at Pompeii an ancient city in Italy, sheds light on Indo-Roman trade and cultural relations.
4. Thus toys found in archaeological excavations can tell us about cultural contacts between nations in ancient times.

(4) Write detailed answers to the following questions:

(1) Write about the history of sports **literature and toys in ancient India.** (Students kindly note the correction to be made in question number (4) (1) Instead of **equipment**, please write **literature**)

1. Publishing of books on sports is a new developing enterprise.
2. The history of Mallakhamb has been published recently.
3. An independent encyclopaedia is written on exercise.
4. Magazines are published monthly and fortnightly.
5. Toys can throw light on history of Ancient India.
6. An ivory doll found at Pompeii an ancient city in Italy, sheds light on Indo-Roman trade and cultural relations.
7. Thus toys found in archaeological excavations can tell us about cultural contacts between nations in ancient times.

(2) Explain the close tie between sports and history.

1. Sports and history are closely related to each other.
2. Students of history can find many opportunities in the field of sports journalism.
3. An expert commentator needs to have good knowledge of the history, previous records, historical anecdotes etc, related to the concerned game.
4. Inorder to write a review on any sports competitions, the critic should have knowledge of competitions held in the past.
5. A writer has to resort to history while writing columns on articles on sports events like Olympics or Asiad or any national or international matches.

(3) Explain the difference between indoor and outdoor games.

Indoor games	Outdoor games
<ol style="list-style-type: none"> 1. Indoor games are played within a closed environment. Number of them are played by sitting at one place. 2. It requires skills but physical exercises are negligible. 	<ol style="list-style-type: none"> 1. Outdoor games are played outside/on a field. 2. Outdoor games need more physical exercise and skill.

3. It is not essential to develop stamina. 4. Indoor games do not involve adventures. 5. Indoor games include Chess, Indian Ludo, card games and sagargote	3. Outdoor games require stamina and strength. 4. In outdoor games adventures require at times. 5. Outdoor games involve national and international games such as: Kabhaddi, Hockey, Kho-kho, cricket. Etc.
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5) Answer the following questions in 25-30mwords:

(1) Explain the importance of sports.

1. Sports enables us to overcome our sufferings and worries.
2. It helps us to relax and refresh our minds.
3. Games which involves lots of physical activities not only provide good exercise but also help in building tenacious and strong body .
4. Through games one can develop courage, determination and sportsmanship.
5. A sense of cooperation and team spirit develop when many take part in a collective participation of games.
6. Team games help in developing leadership quality.

(2) How are professional opportunities available in the field of sports?

There are any professional opportunities available in the field of sports.

1. Students of history can find many opportunities in the field of sports journalism.
2. Writers are in demand in order to write articles, reviews about sports events like national and international matches.
3. Expert commentators are in great demand during the sports matches.
4. The role of professionals who track and keep the record of the telecasted matches on different channels have become very important now.
5. Trained and qualified referees are required to work at district, state, national and international levels.
6. Referees is an essential part of spots matches.

Overall a great number of job opportunities are available in the field of sports.
