**VEDA INTERNATIONAL SCHOOL**

ICSE Board

Kusugal Road, Hubballi

**GRADE**: 7 **SUBJECT**: ENGLISH

**NAME:** COUNT THAT DAY LOST

**Comprehension**

1. **1.** The speaker wants the reader to sit down at the end of each day and think about everything they have done that day, to find out if they have been kind and helpful or not. **2.** A self-denying deed is some act or gesture or work that is done not for one’s own interests but for the sake of someone else not to help oneself but someone else. The speaker recommends it because such a deed can help someone else and make them feel better. **3.** ‘Yea or nay’, that is, yes and no are small words, but they can be important as saying yes or no wisely and thoughtfully can help us take the correct decisions. It is part of knowing the right thing to say at the right time. **4.** According to the speaker, a day during which one does not do anything at all that helps someone else or makes them feel better at least a little, is a day that is worse than lost.
2. **. 1. A)** A day well spent is a day that was useful and productive and during which something good and worthwhile was done. **B)** We can consider a day well spent if we have been helpful to another person that day by some act or gesture, no matter how small; or by saying something nice; or by paying attention to something or someone. **2. A)** ‘That’ refers to any small act. **B)** ‘Nothing cost’ means that one did not have to take any trouble or face any inconvenience to perform the act (which was helpful to someone else).
3. **1.** The poem talks about every day. This is because what the speaker advises being helpful and kind to others in different ways is true for every day of our lives, not just special occasions. **(ELABORATE MORE ON YOUR OWN) 2. A)** A kind glance can be helpful if it shows that we have noticed someone or paid attention to them when they needed it. For example, perhaps they were struggling with something, and even if we cannot say or do anything to help them, simply knowing that we have noticed their difficulty and struggle may help them feel better. **B)** A glance is a small thing to do. **C)** The other ways to help people mentioned in the poem are also mostly small. For example, ‘one self-denying deed’, ‘one word’, or some act ‘most small’. None of these is big or difficult. This is because the speaker is trying to tell us that it is easy to be helpful, kind and supportive if only we are a little thoughtful and sensitive.

**Appreciating the Poem**

**1. A)** i. If we think of everything we have done in a day and find some deed, word or glance that helped someone, ii. then we can consider that our day was well spent. **B)** i. If we spend a day without doing anything at all that was helpful to another person, ii. then we can think of that day as worse than lost. **2.** The reader is addressed in the poem. No, the poem does not use ‘we’ or ‘I’. Yes, the poem can still be read as a note to oneself, because the speaker may be writing these lines down in her diary or journal, and telling or reminding herself how to spend her time or what to always keep in mind. **3.** The rhyme scheme of this poem is aabccbdd eefggfhh.