

Kusugal Road, Hubballi Ph: 0836-2002275

(Proposed ICSE Board )

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**Chapter-6**

**Topic: Human Body**

**GRADE:3**

**Subject: Science**

**I. New words**

**1 Brain**

**2 Eye**

**3 Ear**

**4 Liver**

**5 Nose**

**6 Hair**

**7 Stomach**

**8 Foot**

**9 Heart**

**10 Lungs**

**2.Short answer questions.**

**Q1. Which organ controls all the organs of the body?**

**Ans The Brain controls all the organs of our body.**

**Q2. What is function of the small intestine in our body?**

**Ans The small intestine helps in the digestion and absorption of food in our body.**

**Q3. What are the causes of air pollution?**

**Ans: The harmful substances present in the air causes pollution.**

**Q4. How can we keep the air clean and fresh ?**

**Ans: Grow more and more trees to keep the air clean and fresh.**

### **3. Long answer questions:**

**Q1. What are internal and external organs? Give three examples for each.**

**Ans:** The organs that are outside our body are called external organs. We can see these organs.  
**Examples:** eyes, ears, nose, etc.

The organs that are inside our body are called internal organs. We cannot see these organs.  
**Examples:** brain, lungs, heart, etc.

**Q2. Describe the human respiratory System.**

**Ans** The respiratory system is made up of the nose, windpipe, bronchi and lungs.

- **Nose:** We breathe through our nose. The Openings in the nose are called nostrils. There is a passage in the nose behind the nostrils. This is called nasal passage.
- **Windpipe:** It is a tube-like structure. It carries air from the nasal passages to the lungs.
- **Lungs:** The lungs are located in the chest cavity. There are two lungs. The lungs are soft and spongy bag like structure. Exchange of gases take place in the lungs. The lungs are protected by ribcage. There is a sheet of muscles below the lungs called the diaphragm.

**Q3: Why is deep breathing useful for us? Give the steps of a deep breathing exercise.**

**Ans:** It is a simple exercise that helps to take in more oxygen during breathing.

1. Sit down on a mat. Keep your back straight and close your eyes.
2. Now take a slow, deep breath through your nose. Let your belly contract a little so that the lungs expand completely.
3. Hold your breath and pause for a second.
4. Slowly breathe out. Your belly relaxes and lungs contract fully to remove the air. Do deep breathing exercise daily. This will keep you fit and healthy.

**Teacher Signature**

**Name: Mrs. Rupa P L**

**Principal Signature**